Keep at a Safe Distance

This and Avoidance of Common Drinking Cups Will Save You From the Treacherous "Flu."

Richmond, Va., Nov. 29. Let us have no truce with the Spanish "flu"—the scourge that has exacted a greater toll of life than our war with the Huns. It cannot be trusted, especially at this season, for it is a cold at this season, for it is a cold weather disease. Even now it is raging in some sections of the country, and in more than one instance it has returned in the preservation of cattle the standard of the stock almost automatically rises. It does not a companies to be set to be standard of the stock almost automatically rises. malignant form to communities which thought they were rid of it. Reports to the State Board permitting stock to roam at will ing from the grippe. Several closed their districts have schools a second time.

another. The other sixty per cent had better "watch their step." Some may be immune, but the great majority have no

sneezing at close quarters. Too often the deadly droplets of sa liva find human targets. Here is an almost certain way of avoiding the "flu" and pro-

tecting not only yourself, but your fellow man: At all times keep your face at least three feet away from anybody else's. And consistently avoid the common dring cup—a menace in terdicted alike by law and com mon sense.

Conserve Food

Richmond, Va., Nov. 30. — Income cases it food values has not ended with the council's duties a part of the council's duties a part of the council's duties that Virginia occupies its Richmond, Va., Nov. 30.-The the war. Mr. Hoover is now in Europe studying conditions in allied and enemy countries with a view of supplying their inevitable shortage during the belp add to the wealth of the coming months and possibly state. Administration in this country will in all probability continue for many months after the of ficial ending of hostilities which will be when the conferee have reached their final decision and the treaties are signed.

The Virginia Council of De fense is co operating with councils of defense elsewhere in the country and principally throughout the Southern States to aid the Food Administration to prevent one easily unavoidable element of waste, the un necessary killing of food ani-mals along the railway rightsof way. Throughout the states The newspaper admits that where these efforts are being the allies may find that the lemade the principal duties will be to edutheir neighbors regarding are completed. the unpatriotic and costly prac-tice of allowing stock to roam tice of allowing stock to roam at large. These commissioners enjoyed Thanksgiving Day.

Five Thousand 1919 Members Big Stone Gap Chapter American Red Cross Our Goal

their neighbors pledges to keep their stock away from the railway tracks thereby attempting to add to the wealth of the state. Wherever there are rigid

All told, perhaps thirty per cent. of those in this state have had the "flu" in one form or wasted, and secondly to raise

guarantee that they will not be hit.

The germs which cause influenza, as well as those which the state. There are, of course, cause whooping cough, scarlet objections raised, but these fever, diphtheria, tuberculosis, come notably from those councilles, pneumonia and other tres where the standard of the spray borne diseases, live in the various kinds of steck are nospray borne diseases, live in the mouth and nose secretions of people. Fortunately they are short-lived, and therefore can be avoided. In a word they may be rendered harmless by a careful avoidance of that all-too-common "spit swapping" which comes from coughing or sneezing at close quarters. Too cattle guards—in other words that the entire protecting of the property of individuals should be shifted to the railroad.

So far as fencing is concerned, the railroads are compelled under the law to fence where the individual owner does his part of it, and there is no dis position on the part of the coun-cil to shield the railroads or help them to avoid any damage suits for negligence. Nor is the council at all interested in the railway pocket book or the damages it must pay when it illegally kills stock, but it is to see that Virginia occupies its proper place as a producing state and its no lesser duty to

Germany Must Pay

States of the Empire Will Be Held Responsible.

must pay the bill. Germany, as a whole, must be held respensible for the consequences of the war," says the Westminster Gazette in discussing the

Germany.

The newspaper admits that made the governors and the gal unity of Germany has un-state councils are naming live dergone a vast change, and that commissioners whose like Austria, it may burst into pal duties will be to edu-

are endeavoring to secure from Let Us Make it Universal Membership. Every ment of the returning aviators Loyal American Should Enroll During the Christmas Roll Call. When Your Name is Called Answer, "Here," December 16-23, 1918. Wear the 1919 Badge for Members of the American Red Cross. Annual Membership, One Dollar.

which thought they were rid of it. Reports to the State Board of Health from many parts of Virginia show that doctors are still busy with patients suffering from the grines from the Christmas Roll call to take no precaution the week, December 16-23. James M. Smith, Chapter Chairman against its killing inevitably of the Christmas Roll Call, has established headquarters for the Roll Call in the District Attended. and to take no precaution against its killing inevitably results in the lowering of the standard. The object of the standard. The object of the standard is therefore two-state council is the conducted throughout the United States during the ward of the christman shall call, has established headquarters for the standard. The object of the council is therefore two-state council is therefore two-state council is the conducted throughout the United States during the ward of the Christman Roll Call, has established headquarters for the standard. The object of the State council is therefore two-state council is therefore two-state council is the conducted throughout the United States during the ward of the Christman Roll Call, has established headquarters for the standard. The object of the State council is therefore two-state council is the conducted throughout the United States during the ward of the Christman Roll Call, has established headquarters for the war the forces of Great Britain actually lost nearly 1, so the conducted throughout the United States during the ward of the Christman Roll Call, has established headquarters for the war the forces of Great Britain actually lost nearly 1, so the conducted throughout the United States during the war the folially announced that during the war the forces of Great Britain actually lost nearly 1, so the conducted throughout the United States during the war the conducted throughout the United States during the war the Christman Roll Call, has established headquarters for the war the folial for the Christman Roll Call, has established headquarters for the war the folial for the Christman Roll Call, has established headquarters for the war the folial for the Christman Roll Call, has established headq results in the lowering of the standard. The object of the standard of cattle, for the standard of cattle, horses, hogs and other live stock.

It is an effort which must appeal to the patriotic and intelligent citizens of Virginia, and it is receiving warm support of the most progressive counties in the local chairmen for all of the branches of the chapter were appointed, and other plans for the Roll Call will be to secure annual members

Roll Call in the District Attorney's office on the Second Floor of the Call Mr. Otis Mouser, the British loss to take of through various causes.

Recently it was stated that the British losses totaled 658, 801, but this number did not take into consideration men who were reported missing, who were reported missing, who were reported missing, who actually lost their lives, but of whom there is no trace, nor did it account for men who died at the local chairmen for all of the branches of the chapter were appointed, and other plans for the Roll Call were formulated.

The aim of the Roll Call will be to secure annual members

The aim of the Roll Call will be to secure annual members for the American Red Cross. Every loyal American will enroll his or her name in this drive as a member of this great organization. The war is over but the work of the Red Cross in saving starving millions is just beginning. The goal for the Big Stone Gap Chapter to reach has been set for 5000 members to enroll in this campaign. The Chairman and his associates of the Executive Staff hope and believe that the workers will make our report "Universal Membership" for the workers will make our report "Universal Membership" for the Chapter. We must go way over the top., Every man and woman mu-t be enrolled in a house to house canvass by official workers to be appointed by the Local Chairmen. These work-ers will make daily reports through the Captains of their teams Washington every day as the drive progresses. Universal membership for the Big Stone Gap Chapter will be a splendid Christmas present to send to the boys from our section who are now in the service "over there." Let us send it over in time for

Red Cross

Annual Meeting and Election of Officers.

of Officers.

The Big Stone Gap Chapter of the American Red Cross held its annual meeting in the United States Court room in the government building on last Friday night and elected the following officers for the ensuing year. R. T. Irvine was made chairman of the meeting and Geo. L. Taylor, secretary. Chairman—E. J. Prescott. Vice-Chairman—Miss Minnie Fox.

ox. Treasurer—Geo. L. Taylor. Secretary—Mrs. C. L. Rowe. Chairman Finance Committee

Chairman Finance Committee

R. B. Alsover,
Executive Committee—L. T.
Winston, Rev. J. M. Smith,
Mrs. R. T. Irvine, C. S. Carter,
Mrs. C. C. Cochran.

By-laws for the government
of the chapter were adopted at
this meeting and a report of the
treasurer was read and approved.

Miss Frazier, of Washington,
addressed the meeting in the

London, Nov. 30.—"German addressed the meeting in the states, whatever their form, must pay the bill. Germany, work.

Report of National Woman's Liberty Loan Committee for Wise County.

Hig Stone Gap—Mrs. H. E. Fox \$40,00
Wise—Mrs. W. B. Fulton 39,00
Stonega—Mrs. G. S. Duffey 22,00
Appainchia—Mrs. M. L. Stallard
Blackwood—Mrs. C. G. Creveling 61,45
Norton—Mrs. W. A. Banner 1,95
Coeburn—Mrs. W. A. Banner 1,95
Crane's Nest—Mrs. D. A. Dunkley 1,75
Crane's Nest—Mrs. G. W. Thompkins
Imboden—Mrs. L. D. Queen 1,35
Imboden—Mrs. L. D. Queen 50
Hurricane—Mrs. W. A. Hash 35

Planes for

War Department Turns Over Hundreds of Airplanes for

machines would be used as pensation of the postmaster at this office was \$340 for the last

Hasher Hander Committee L. T. It exact number but that the machines would be used as rapidly as possible in extend ing the aertal mail service to all cities of the country. The strying and a report of the er was read and approver was for the government et eting and a report of the er was read and approver.

Frazier, of Washington, et the meeting in the of National Woman's arty Loan Committee for Wise County.

Gap—Mrs. H. E. Fox \$40,000 rs. W. B. Falton. 30,000 mls. Also B. Datey. 2,000 mls. Also B. C. Greeting 6,000 mls. Also B. C. Greeting 6,000 mls. Also B. C. Greeting 6,000 mls. Also B. A. Daunkley 1,000 mls. Also B. Dates. 2,000 mls. H. A. Alexander. 3,000 mls. H. A. Al

and the money spent by the government in training them will not be altogether lost.

The New York-Chicago aerial mail service will be placed in operation next month.

British

Lost Nearly a Million Men During the War.

CASUALTIES

Casualties sustained by the Americans were tabulated by General March as follows:

Total 236,117
While the total losses suffered by the American army in France, at first glance, appeared to be almost double the total estimated by officers as probable, analysis of the table, it was pointed out, shows that among the 179,625 wounded are included the names of thousands of men whose injuries were so trivial that they never were admitted to hospitals and the record of their injury was kept only in company and regimental dressing stations.

Fourth-Class Postmaster Examination.

Hundreds of Airplanes for
Aerial Routes.

New York, Nov. 30.—Captain
Benjamin Lipsner, director of
the United States Aerial Mail
Service, announced here that
the War Department had turned over to the use of the mail
service "hundreds of airplanes"
Captain Lipsner said he was
not in a position to announce
the exact number but that the
machines would be used as

War Ships

To Convoy President's Liner on Trip to Europe.

New York, Nov. 23. American transport George Washington, selected by Presi-dent Wilson to convey himself and other members of the American delegation to the peace conference, will be con-voyed by the battleship Pen-nyslvania and a fleet of five The George fast destroyers. The George Washington is lying tonight at her pier in Hoboken ready to sail on her history making trip at a moment's notice

To Rear Admiral Albert Gleaves, commander of the cruiser and transport force of the Atlantic fleet, fell the honor of providing for the President-ial ship. Captain Edward Me-Cauley, United States Navy, commands the George Washington, and the crew has been drawn entirely from the navy. The escorting battleship is com-manded by Captain Lewis Nul-

The George Washington, a vessel of 25,570 gross tons was formerly one of the crack liners of the North German fleet. The George Washington was the only large German vesfleet. sel seized by the United States, the name of which was not changed:

Safeguarding the movement of a large percentage of Ameri-can troops to Europe has been the task of Admiral Glenves during the war. He was com-mander of the protecting fleet Killed and died of wounds 36,154
Died of disease. 14,831
Deaths unclassified 2,264
Wounded 179,625
Prisoners 2,163
Missing 1,160
Total 236,117
While the total losses suffer-

ture of the George Washington is not yet known, but it will probably be some time on Tuesday. The ship is lying convenient to a spur track over which the President's train will arrive.

Escort to Brest.

London, Nov. 30 —President Wilson on reaching European waters, in all likelihood will be waters, in all likelihood will be escorted to Brest by not only American warships, but by a formidable array of them. In view of the lack of official notification regarding Mr. Wilson's trip, it is understood that neith-er the French nor the British governments have been requested to aid in the naval reception The British authorities, however, unofficially are discussing plans to welcome the American president should be come here.

American battleship com-manders probably all nine of in these waters, are un-od to be holding themthem in derstood to be holding them-selves in readiness to proceed to a point 100 miles or so off Brest to meet the Presidential liner and the battleship accompany-ing it.